SALADS



CHICKEN CAESAR SALAD

\$6.99

Juicy grilled chicken over crisp romaine lettuce tossed with

Caesar dressing, shredded Parmesan, and croutons with a warm French style breadstick.

MEDITERRANEAN SALAD

\$6.79

Crisp field greens tossed with black olives, tomatoes, green peppers, red onion, pepperoncini, and Feta crumbles. Served with Greek dressing and warm flat bread.

Add grilled chicken for \$2.49

QUESADILLA FIESTA SALAD

\$6.59

Crisp field greens topped with fresh tomatoes, white onion, cilantro, jalapeño, sweet corn, crispy tortilla strips, Cheddar & Monterey Jack cheese. Served with a cheese quesadilla and creamy Ranch dressing.

Add grilled chicken for \$2.49

SPINACH PEAR SALAD

\$6.99

Baby spinach leaves tossed with fresh pears, grapes, mandarin oranges, walnuts, red onion, and tomatoes. Topped with Bleu cheese crumbles and served with Citrus French dressing and a warm French style breadstick.

Add grilled chicken for \$2.49

APPLE CHICKEN CHOPPED SALAD

\$7.99

Juicy grilled chicken over crisp romaine lettuce with granny smith apples, fresh tomatoes, red onion, Bleu cheese crumbles, and candied pecans. Served with Apple Cider vinaigrette and a warm French style breadstick.

FRUIT & NUT SALAD

\$7.29

Crisp field greens, fresh grapes, candied pecans, mandarin oranges, walnuts, dried cranberries, sunflower seeds, and Feta cheese crumbles. Served with Fat Free Raspberry Vinaigrette and a warm French style breadstick.

Add grilled chicken for \$2.49

SANDWICHES

Served with kettle chips.

Substitute one of our other sides for an additional \$1.89

BLACK BEAN CHIPOTLE BURGER

\$6.79

Spicy black bean Veggie patty with crisp leaf lettuce and sliced tomato. Served on a Kaiser roll with Ranch dressing.

VEGETARIAN BURGER

\$6.79

Gardenburger with crisp leaf lettuce and sliced tomato. Served on a Kaiser roll with Honey Mustard dressing.

BUFFALO CHICKEN PANINI

\$6.99

 $Chicken\ breast\ tossed\ in\ Frank's\ Red\ Hot\ \&\ Ken's\ Bleu\ Cheese\ dressing\ with\ Provolone\ cheese\ grilled\ on\ Italian\ bread.$

TURKEY ARTICHOKE PANINI

\$6.99

Thinly sliced roasted turkey, spinach artichoke dip, freshly sliced tomatoes and red onion, grilled on Italian bread.

PORTOBELLO PANINI

\$6.99

Balsamic marinated portobello mushroom with roasted red pepper and Provolone cheese, grilled on Italian bread.

TUNA MELT

\$6.99

Tuna salad with Cheddar cheese grilled on Sourdough bread.

NAPA CHICKEN SALAD SANDWICH

\$7.19

Fresh napa chicken salad made from chicken breast, celery, onion, dried cranberries, walnuts and creamy mayonaise on lightly toasted 9 Grain bread topped with lettuce and tomato.

CALIFORNIA CLUB

\$7.19

Oven roasted turkey breast, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, provolone cheese with red pepper basil aioli served on our special Wheat Berry bread.

PICK YOUR PAIR

CLASSIC

Soup of the Day

House Salad Caesar Salad

Tuna Sandwich Turkey Sandwich Chicken Salad Sandwich

All Sandwiches come in 1/2 portion size.

CLASSIC AND **CLASSIC** \$6.75

CLASSIC AND **SIGNATURE** \$7.75

SIGNATURE AND **SIGNATURE** \$8.75

SIGNATURE

Chicken Caesar Salad Greek Chicken Salad Fruit & Nut Salad Spinach Pear Salad

Tuna Melt California Club Sandwich **Buffalo Chicken Panini** Portobello Panini **Turkey Artichoke Panini** Napa Chicken Salad Sandwich



A LA CARTE

Soup of the Day \$3.29 Cup \$3.69 Bowl

House or Caesar Side Salad \$3.69

Steamed Broccoli \$2.09

Fresh Fruit Salad \$2.99

French Fries \$1.99

Veggie Patch Pizza \$6.99

A mixture of spinach, artichokes, diced tomatoes and mushrooms, topped with Mozzarella and Parmesan cheeses on a crisp flour tortilla.

BBQ Chicken Pizza \$7.39

Grilled chicken and red onion covered with BBQ sauce and then smothered with melted mozzarella and cheddar cheeses on a crisp flour tortilla.

BEVER AGES

Soda \$1.99

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew, Dr. Pepper, Schweppes Ginger Ale, Tropicana Lemonade, Loganberry, Sobe Life Water.

Iced Tea \$1.99

Brisk Sweetened or Unsweetened

Coffee \$1.90

Regular or Decaffeinated

Hot Bigelow Tea \$1.90 **Herbal or Decaffeinated**