

MENU

SALADS

Chicken Caesar Salad | \$6.99

Juicy grilled chicken over crisp romaine lettuce tossed with Caesar dressing, shredded parmesan, and croutons with a warm French style breadstick.

Fruit and Nut Salad | \$7.29

Our signature mix of greens topped with glazed pecans, walnuts, blueberries, craisins, grapes, sunflower seeds, feta crumbles, tossed in choice of dressing with a warm French style breadstick.

Greens & Grains | \$6.99

Our signature mix of greens topped with farro, sun-dried tomato, kalamata olives, pepperoncini, garbanzo beans and croutons tossed in a red wine vinaigrette with a warm French style breadstick.

Blackened Tilapia Salad | \$8.99

Blackened tilapia fillet over a crisp bed of arugula and romaine with kalamata olives, croutons and parmesan cheese. Served with a side of our house Caesar dressing and a warm French style breadstick.

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SANDWICHES -

MILLIN MILLING

Served with kettle chips. Note: substitute one of our sides for an additional \$1.89

Pulled Asian Chicken | \$6.79

Pulled chicken breast with sweet soy glaze, served on a grilled ciabatta roll topped with kimchi slaw.

Tuna Melt Sandwich | \$6.99

Our own chef made tuna salad with cheddar cheese grilled on hearty white bread.

California Club | \$7.19

Last year's top sandwich is back for a second appearance! Oven roasted turkey breast, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, provolone cheese with red pepper basil aioli served on our special wheat berry bread.

The Reuben | \$7.49

A classic mix of very tender corned beef, sauerkraut, Swiss cheese, and Thousand Island dressing on a grilled New York marble rye.

Cuban Sandwich | \$6.99

Roasted pork, sliced ham, swiss cheese, dijon mustard, pressed in a telera roll, and served with a pickle.

Montana Panini | \$6.99

Oven roasted turkey breast, smoked bacon, cheddar cheese with Cannon Ball BBQ sauce grilled on Italian bread.

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WIND THE TRANSPORT

Note: shrimp can be substituted for \$2.49 more.

Penne Vodka with Chicken | \$7.99

Grilled chicken tossed with penne pasta, fresh spinach, sun dried tomatoes in a creamy blend of marinara and alfredo sauces with a splash of vodka and topped with parmesan cheese.

Chicken and Broccoli Alfredo | \$7.99

Grilled chicken tossed with linguine, sautéed fresh broccoli and creamy alfredo sauce.

Light Italian Linguine | \$7.99

Grilled chicken sautéed in olive oil and garlic, tossed with fresh sweet peas and diced tomato, finished with a splash of white wine and shredded parmesan cheese.

MINIMUM III



Mannan Manna

Veggie Patch Pizza | \$6.99

A mixture of spinach, artichokes, diced tomatoes and mushrooms, topped with mozzarella and parmesan cheeses on a crisp flour tortilla.

BBQ Chicken Pizza | \$7.39

Grilled chicken and red onion covered with BBQ sauce and then smothered with melted mozzarella and cheddar cheeses on a crisp flour tortilla.

BURGERS -

Note: bacon (2 slices) and avocado can be added for \$1.50 each.

Build your own Burger | \$6.79

Your choice of a 1/3 pound hand pressed Beef Burger, Black Bean Burger, or Garden Burger served on a Costanzo's kaiser roll with fresh made kettle chips.



Classic & Classic | \$6.75 Classic & Signature | \$7.75 Signature & Signature | \$8.75

Soup of the Day Tomato Basil Soup

House Salad Caesar Salad

Turkey Sandwich Tuna Salad Sandwich Chicken Salad Sandwich Ham Sandwich

*All sandwiches come in half-portion sizes.

SIGNATURE ·

French Onion Soup

Fruit & Nut Salad Chicken Caesar Salad Greens & Grains Salad Blackened Tilapia Salad

Tuna Melt California Club Buffalo Chicken Panini Montana Panini Veggie Panini

Chicken Alfredo Light Italian Linguine Penne Vodka



Soda | \$1.99 Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Sobe Life Water, Tropicana Pink Lemonade

Iced Tea | \$1.99 Brisk Sweetened or Unsweetened

Coffee | **\$1.90** *Regular or Decaffeinated*

Hot Bigelow Tea | \$1.90 Herbal or Decaffeinated



Soup of the Day or Tomato Basil cup | \$3.29 Bowl | \$3.49 French Onion | \$4.19 Crock House or Caesar Side Salad | \$3.69 Steamed Broccoli | \$2.09 Home Made Pasta Salad | \$2.29 French Fries | \$1.99