



# **Our Mission**

The Mission of UB Campus Dining is to enhance the campus life experience by providing a variety of dining options and services designed to fit the lifestyles and nutritional needs of the University community. Serving foods from local growers, striving to achieve sustainability and expanding the availability of dining choices are ways that we enrich the dining experience.

# **Table of Contents**

Welcome Letter // 3

Meal Plans // 4

The GET App // 9

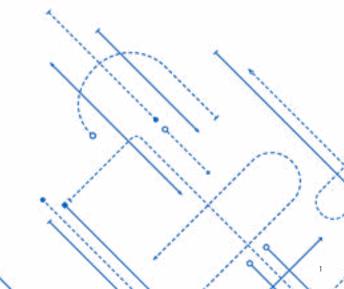
More Great Food Options // 10

Nutrition // 13

Sustainability // 14

Campus Stores // 16

Additional Services // 19

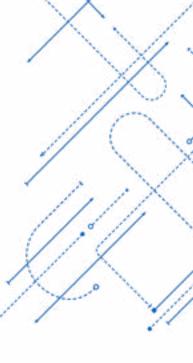




# Welcome,

Here at UB, your dining experience is more than great food. Campus
Dining is committed to providing clean, healthy, and diverse dining
options designed to meet the evolving needs and expectations of our UB
community. We pride ourselves on delivering culinary expertise, fresh
ingredients, nutritious options, and a shared sense of environmental and
social responsibility.

We are proud of our dining program and we invite you to share your thoughts with any member of our management team. Now that you're here, welcome to all that we have to offer. We look forward to serving you.



## **Meal Plans**

Meals and Dining Points are stored on your UB Card so there is no need to carry cash. Unused meals from your meal plan do not carry over from week to week, so be sure to use your meals before the end of the week (weeks begin on Saturday and end on Friday). Limit of two meals per meal period and one per transaction.

#### Meals

#### **Residential Dining Center**

Use a meal in our all-you-care-to-eat format at Crossroads Culinary Center (C3) for dinner during the week and brunch and dinner on weekends.

#### CDS Restaurants & Cafés

To give you flexibility and options, your meals have assigned dollar values based on the meal period that can be used at our restaurants and cafés. If your purchase goes over the assigned dollar value, you can pay the remainder using Dining Points.

| Meal Period               | Meal Exchange |
|---------------------------|---------------|
| Breakfast Monday - Friday | \$5.25        |
| Lunch Monday - Friday     | \$10.00       |
| Brunch Weekend            | \$10.00       |
| Dinner Everyday           | \$10.00       |
| Late Night Everyday       | \$6.00        |

## **Dining Points**

Dining Points give you the flexibility to get a snack or meal whenever you want. Dining Points work like a debit account on your UB Card at all CDS locations, with purchases automatically deducted from the balance of the account. Use Dining Points to purchase a meal, get a beverage or snack from vending machine, for those late-night munchies or to purchase food/beverage products from one of our residential convenience stores.

Your Dining Points roll over from the fall to spring semester (with the purchase of a spring meal plan), but they do not roll over to the next academic year. If you use up your Dining Points before the end of the semester, you can simply add more in increments of \$25. More than convenient, Dining Points are taxexempt, saving you 8.75% on every purchase.

To view all available dining locations and hours of operation visit myubcard.com/locations

# First-Year Residence Hall Students

First-year students living in residence halls are automatically assigned the Flex 14 meal plan to help students transition to college life. Your meal plan consists of a set number of meals per week, along with Dining Points for the best overall experience. For more information visit myubcard.com/mealplans.



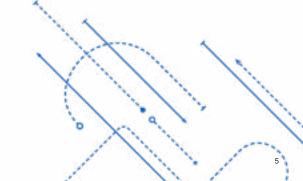
### Flex 14

\$2,515 per semester

14 Meals per week

425 Dining Points

This is a great plan and the best value. This plan gives you 14 meals a week to use in any combination of residential dining, restaurants and café locations. This plan provides you the opportunity to socialize with friends, take a break from a hectic college schedule and enjoy an atmosphere designed with you in mind.



# **Upperclass Residence Hall Students**

Upperclass students may choose the Flex 14, Flex 10, Flex 7, or the Dining Points Meal Plan. These plans offer a very economical way to dine on campus with flexibility. **Not available to resident freshmen students.** Select your plan at **myubcard.com/mealplans**.



### Flex 14 | \$2,515 per semester\*

Renews for Spring Semester

14 Meals per week425 Dining Points

#### Flex 10 | \$1,825 per semester\*

Renews for Spring Semester

10 Meals per week 280 Dining Points

### Flex 7 | \$1,340 per semester\*

Renews for Spring Semester

7 Meals per week 240 Dining Points

## **Upperclassmen Dining Points**

\$950 per annual 1

950 Dining Points

Valid for Fall & Spring Semesters

# Commuter / Apartment Students

A Commuter Meal Plan is your ticket to all the choices campus residents enjoy, with the flexibility. Commuters may select any Meal Plan or the Commuter Dining Points Plan. Most commuters also add funds to their Campus Cash account, allowing for even more dining options on and off campus.



## **Commuter Dining Points**

\$950 per annual1

950 Dining Points

Valid for Fall & Spring Semesters

# Commuters may also select a denomination of

Dining Points (Minimum \$50) or Campus Cash (Minimum \$25)

Select your meal plan at myubcard.com/mealplans

<sup>\*</sup> These meal plans are annual plans billed at the beginning of each semester, unless a change is made following established procedures.

<sup>&</sup>lt;sup>1</sup>Annual plans cannot be changed mid-year. You may however add additional funds at any time.



# The GET App



## The GET App

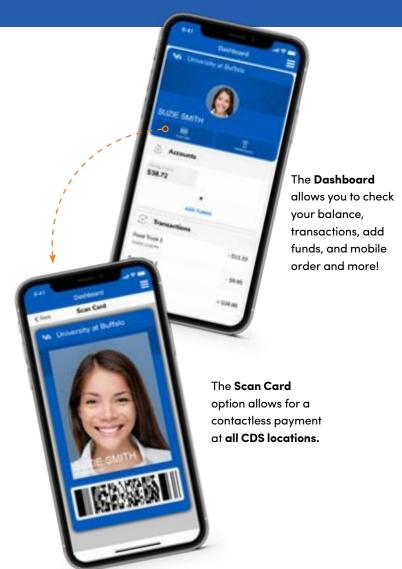
The GET App is a free download available at the App Store and Google Play. This app allows you to pay for meals, order through the app, add funds, check your balance and much more!

## **Mobile Ordering**

The GET App allows students to order and pay for meals directly through their mobile phone. Simply place your order at any of the following locations and wait by the mobile pick-up station.

Sizzles at the Ellicott Food Court (EFC)
Hubies at the Ellicott Food Court (EFC)
Bravo Pasta at Pistachios
The Cellar at Governors
Main Street Market at Goodyear
Edgy Veggie Express at Harriman
The Corner Cafe Downtown Medical Campus

To download the GET App, follow the steps at myubcard.com/card/manage-account



# **Great Food Options**



#### Mobile ID

Your UB Card without the card. Mobile ID is available as an app from the App Store or Google Play. Once downloaded, students can use their smartphones at vending, dining locations and laundry facilities instead of presenting their cards. This does not replace your physical UB Card, but it does provide a convenient option. For downloading and installing details visit myubcard.com/mobileid

#### **UB Snackin'** - Vending

A variety of vending machines can be found across campus that offer beverages, snacks, healthy options, frozen meals and desserts. The machines are equipped with card swipe readers so you can use your Dining Points or Campus Cash anytime.





### **Big Blue & Little Blue** - Food Trucks

Herd at the curb for the best food you'll ever eat. In our trucks, we take our passion for great food and creativity to a whole new level. We're all over campus, follow us on **Twitter:** @UBBigBlue and @UBLittleBlue **Facebook:** /UBBigBlue and /UBLittleBlue to see where we are! It's mo-bull food like no other.

#### IncrediBULL Pizza

Our very own Online ordering and delivery service with the best pizza, subs, wings, salads and so much more delivered right to your room. Delivery is always Free! IncrediBULL Pizza accepts Campus Cash and Dining Points.

To order visit **Incredibullpizza.com** or with the **GET App**!





Order Online IncrediBULLpizza.com or with the GET App

 $\circ$ 



# **Nutrition**

The mission of UB Campus Dining and Shops is to enhance the campus life experience by providing a variety of dining options and services designed to fit the lifestyles and nutritional needs of the university community. For more information involving nutrition, ingredients and allergens visit myubcard.com/nutrition.

### **Nutrition, Health & Wellness**

UB Campus Dining & Shops offers a variety of well-balanced, healthy menu choices for all students, even those with special dietary needs. Over the last five years, changes to improve the health and well-being of students include:

- -Increasing fruit, vegetables, whole grains and plant-based proteins
- -Adding healthier snack and beverage options to vending machines
- -Reducing sodium by modifying recipes, products and cooking techniques
- -Providing quick access to nutrition and allergen information

## Food Allergies & Special Dietary Needs

We are available to help guide students with food allergies and special dietary needs in meeting their daily nutritional requirements. For assistance, contact our On-Campus Registered Dietitian to set up an appointment. Students may also speak with mangers, chefs and supervisors in any dining location.

Simple Kitchen is an access-controlled pantry at Goodyear Dining Center that offers food that is Free From wheat, gluten, peanuts, tree nuts, fish and shellfish. Students can safely prepare meals with ease in this home-like kitchen at UB. For more information or access inside the kitchen, please contact the our On-Campus Registered Dietitian (P: 716.645.6445) or (E: Dietitian@buffalo.edu)



### **Nutrition Icons to Know**















# Sustainability - Social Responsibility

Our thinking, research, creative activity and people positively impact and change the world. We are committed to supporting the local community and preserving our resources. Here are a few ways our dining program is doing its part.

### **Eliminating Plastic Straws**

Our drink-thru lids for fountain beverages have allowed us to eliminate plastic straws at CDS dining locations across our campuses.

#### **Plastic Bottle Return**

Plastic bottle return/recycling machines are located across campus helping reduce the amount of waste sent to the landfill.



#### Made in Grown in Icon

Look for the Made in Grown in New York icon, which promotes and supports the sale of agricultural products grown and processed within New York State.

#### **Dining Center Compost Waste**

By composting food waste and post consumer food scraps we produce a soil amendment that is used in landscaping across the campus here at UB as well as community gardens throughout Western New York.









# Campus Stores



#### Teddy's

Located in Roosevelt Hall in the Governors Complex. This convenience store carries a variety of beverages, snacks and essential personal items.



#### The Elli

Located in the Ellicott Complex, a full-size convenience store with snacks, beverages, frozen entrées, UB apparel and laundry supplies. Students can also inquire about additional storage as well.

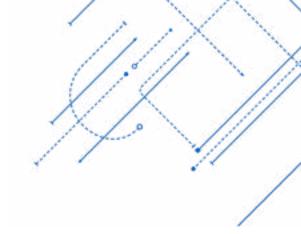




#### **Main Street Store**

Located inside Goodyear Dining Center on South Campus. This convenience store carries a variety of beverages, snacks and essential personal items.







# **Campus Tees**

Located in the Student Union, Campus Tees
has the best UB Apparel, merchandise and
gifts. UB Campus Tees is an official licensed
apparel and merchandise provider at UB.
Visit us in-store, or shop online at

 ${\bf UB campustees.com}$ 



# **Additional Services**

Below are listed a few of our most popular services, but more can be found online at myubcard.com.

#### **Banking on Campus**

ATM's from Bank of America, Key Bank, Morton Lane FCU and others are located campus for your convenience.
For more details visit online at myubcard.com/banking

#### **Storage Solutions**

Returning next fall? Room cramped during the semester? Campus Dining and Shops has a secure, temperature controlled storage facility perfect for your fridge, trunk, luggage, bike, and more. For more details visit online at myubcard.com/shops

#### **Get Connected**

Follow Campus Dining and Shops for the inside scoop on what's going on around campus! Be first to know about new items, popular promotions, special events and more by following us today!

- O OUBCampusDiningandShops
- **♥** @UBCampusDining
- f /UBCampusDiningandShops



