



APPLE CHICKEN CHOPPED SALAD \$8.99

Grilled chicken over crisp romaine lettuce with granny smith apples, fresh tomatoes, red onion, blue cheese crumbles, and candied pecans. Tossed with apple cider vinaigrette and served with a warm breadstick on the side.

STRAWBERRY FIELDS SALAD \$8.19

Grilled chicken breast on top of our signature mix of greens topped with walnuts, fresh strawberries and parmesan cheese. Served with balsamic dressing and a warm breadstick on the side.

CHICKEN COBB SALAD \$8.19

Grilled chicken over our signature mix of greens, topped with egg, bacon, avocado, grape tomatoes, black olives, sliced red onion, and bleu cheese crumbles. Served with your choice of dressing and a warm garlic breadstick.

ASIAN SESAME CHICKEN SALAD \$8.19

Juicy grilled chicken breast over a crisp bed of romaine lettuce, fresh cilantro, sliced almonds, sesame seeds and crispy wonton strips. Served with Asian sesame vinaigrette and a warm breadstick on the side.

sandwich

Served with kettle chips. Substitute one of our other sides for an additional \$1.99

CALIFORNIA CLUB \$8.99

Oven roasted turkey breast, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, provolone cheese with red pepper basil aioli served on wheat berry bread.

TUNA MELT \$7.79

Tuna salad with cheddar cheese grilled on sourdough bread.

BUFFALO CHICKEN PANINI \$7.79

Chicken breast tossed in Frank's Red Hot & Ken's Blue Cheese dressing with provolone cheese grilled on Italian bread.

GREEK TZATZIKI WRAP \$7.89

A fresh pita filled with grilled chicken, diced tomatoes, diced cucumbers, leaf lettuce, diced red onion, feta cheese, and Kalamata olives. Served with a side of our signature Tzatziki sauce.

TURKEY ARTICHOKE PANINI \$7.49

Thinly sliced roasted turkey, a mixture of spinach, artichokes, and freshly sliced tomatoes and red onion, grilled on Italian bread.

mac & cheese

ORIGINAL MAC & CHEESE \$7.99

Macaroni tossed in a homemade cheese sauce, topped with parmesan cheese, served with a warm bread stick on the side.

PHILLY CHEESE STEAK MAC & CHEESE \$9.29

Grilled steak, sautéed onions and peppers, macaroni tossed in a homemade cheese sauce, topped with parmesan cheese and garnished with A1 Sauce and served with a warm bread stick on the side.

BUFFALO CHICKEN MAC & CHEESE \$9.29

Grilled chicken, macaroni tossed in a homemade cheese sauce, topped with matchstick carrots, crumbled bleu cheese and garnished with Frank's Hot Sauce and served with a warm bread stick on the side.

pasta

CHICKEN BROCCOLI ALFREDO \$9.29



Grilled chicken breast tossed with penne, sautéed fresh broccoli and creamy alfredo sauce. Finished with parmesan cheese. Served with a warm breadstick on the side.

PENNE VODKA WITH CHICKEN \$9.29

Oven baked chicken tossed with penne pasta, fresh spinach, sun dried tomatoes in a creamy blend of marinara and alfredo sauces with a splash of vodka. Topped with parmesan cheese and served with a warm garlic breadstick.

CHICKEN BRUSCHETTA PASTA \$8.59

Multi-Grain penne pasta tossed in garlic, basil and roma tomato marinara. Topped with strips of grilled chicken. Finished with balsamic glaze and parmesan cheese. Served with a warm breadstick on the side.

pizza (quesadilla

VEGGIE PATCH PIZZA \$7.89

A mixture of spinach, artichokes, diced tomatoes and mushrooms, topped with mozzarella and parmesan cheeses on a crisp flour tortilla.

BBQ CHICKEN PIZZA \$8.19

Oven baked chicken and red onions covered with BBQ sauce and then smothered with melted mozzarella and cheddar cheeses on a crisp flour tortilla.

CHICKEN QUESADILLA \$7.59

Grilled Chicken with cheddar, monterey jack cheese and pico de gallo grilled in a flour tortilla served with sour cream, garnished with lime wedges and fresh cilantro. (Add Guacamole for \$1.99)

CHEESE QUESADILLA \$5.99

Cheddar and monterey jack cheese grilled in a flour tortilla served with pico de gallo and sour cream on the side, garnished with lime wedges and fresh cilantro. (Add Guacamole for \$1.99)



pick two

Pick any combination of two from the choices below. Note: All sandwiches, salads, and pasta are half-portion sizes.

CLASSIC & CLASSIC \$7.49 CLASSIC & SIGNATURE \$8.59 SIGNATURE & SIGNATURE \$9.59

CLASSIC

SIGNATURE

Soup of the Day

House Salad

Tuna Salad Sandwich Turkey Sandwich Chicken Salad Sandwich

á la carte

SOUP OF THE DAY Cup \$3.69 Bowl \$4.09

FRESH FRUIT SALAD \$3.39 STEAMED BROCCOLI \$2.39 FRENCH FRIES \$2.29 Asian Sesame Chicken Salad Chicken Cobb Salad Apple Chicken Chopped Salad Strawberry Fields Salad

Original Mac & Cheese Cl Philly Cheese Steak Mac & Cheese Pe Buffalo Chicken Mac & Cheese Cl

Tuna Melt California Club Sandwich Buffalo Chicken Panini Turkey Artichoke Panini

Chicken Broccoli Alfredo Penne Vodka with Chicken Chicken Bruschetta Pasta

beverages

SOFT DRINK ^{\$}2.25 Pepsi, Diet Pepsi, Sierra Mist, Black Cherry Kickstart, Dr. Pepper, Iced Tea Loganberry, Sobe Life Water

> **COFFEE** \$2.05 **HOT TEA** \$2.05

