

The Tiffin Room

SALADS

Substitute shrimp \$2.09, add shrimp \$2.89

Asian Sesame Chicken Salad | \$8.19

Grilled chicken over a crisp bed mix of greens, mandarin oranges, sliced almonds, edamame beans, sliced cucumbers, diced red pepper, and crispy wonton strips. Served with a side of Asian sesame vinaigrette and a warm garlic breadstick.

Chicken Caesar Salad | \$7.89

Grilled chicken over crisp romaine lettuce, shredded parmesan, and croutons. Served with a side of Caesar dressing and a warm garlic breadstick.

Fruit and Nut Salad | \$8.19

Our signature mix of greens topped with glazed pecans, walnuts, mandarin oranges, dried cranberries, grapes, sunflower seeds, and feta crumbles. Served with a side of raspberry vinaigrette and a warm garlic breadstick.

Avocado Caprese Salad | \$8.99

Baby spinach, grape tomatoes, avocado, fresh mozzarella, grilled chicken. Served with a side of balsamic dressing and a warm garlic breadstick.

Chicken Cobb Salad | \$8.19

Grilled chicken over our signature mix of greens. Topped with eggs, bacon, avocado, grape tomatoes, black olives, sliced red onion, and bleu cheese crumbles. Served with your choice of dressing and a warm garlic breadstick.

PASTA

Substitute shrimp for \$2.09 or add shrimp for \$2.89

Penne Vodka with Chicken | \$9.29

Oven baked chicken tossed with penne pasta, fresh spinach, sun dried tomatoes in a creamy blend of marinara and alfredo sauces with a splash of vodka. Topped with parmesan cheese and served with a warm garlic breadstick.

Chicken Carbonara | \$9.29

Oven-baked chicken, bacon, green peas, red onion, and linguine in a carbonara sauce. Topped with parmesan cheese and served with a warm garlic breadstick.

Chicken and Broccoli Alfredo | \$9.29

Oven baked chicken tossed with linguine, fresh sautéed broccoli and creamy alfredo sauce. Topped with parmesan cheese and served with a garlic warm breadstick.

SANDWICHES

Served with kettle chips. Substitute one of our sides for an additional \$1.99

Tuna Melt Sandwich | \$7.79

Our own chef made tuna salad with cheddar cheese on a hearty white bread.

California Club | \$8.99

Choice of oven roasted turkey breast or grilled chicken, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, and provolone cheese with red pepper basil aioli served with on our special wheat berry bread.

Greek Tzatziki Wrap | \$7.89

A fresh pita filled with grilled chicken, diced tomatoes, diced cucumbers, leaf lettuce, diced red onion, feta cheese, and Kalamata olives. Served with a side of our signature Tzatziki sauce.

Rachel or Reuben | \$8.39

Customize a classic sandwich with your choice of turkey or corned beef grilled on marble rye with sauerkraut, swiss cheese, and Thousand Island dressing.

Very Vegetarian Sandwich | \$8.89

Grilled balsamic Portobello mushroom topped with melted pepper jack cheese, roasted red peppers, and fresh avocado on a toasted telera roll. Served with a side of garlic mayonnaise.



BURGERS

Bacon (2 slices) can be added for \$1.49 and Avocado can be added for \$1.89

Salmon Burger | \$9.59

1/4 lb. Salmon burger with lettuce and tomato. Served on a brioche roll with kettle chips and a side of dill sauce.

Build Your Own Burger | \$7.69

Your choice of a 1/3 lb. beef burger, black bean burger , garden burger , or chicken breast with your choice of cheese, lettuce, and tomato. Served on a brioche roll with kettle chips and our signature Tiffin sauce.

HOUSE SPECIALTY

Parmesan & Caesar Crusted Chicken | \$8.89

Grilled chicken basted in Caesar dressing and coated with parmesan garlic bread crumbs. Served with a side of tomato salad and broccoli.

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PIZZA

Garden Veggie Pizza **Vt** | \$7.89

An Italian cream sauce topped with a mixture of yellow squash, zucchini, artichokes, and onions. Topped with mozzarella and cheddar cheeses on a crisp flour tortilla.

BBQ Chicken Pizza | \$8.19

Grilled chicken and red onions covered with BBQ sauce and smothered with melted mozzarella and cheddar cheese on a crisp flour tortilla.

Tiffin Chicken Quesadilla | \$7.59

Toasted flour tortilla stuffed with a blend of cheddar and mozzarella cheeses, grilled chicken, tomatoes, onions, and banana peppers. Served with a side of sour cream and salsa.

PICK TWO

Pick a Classic or Signature salad or soup and then a Classic or Signature sandwich.

Note: all sandwiches and salads are half-portion sizes.

Classic & Classic | \$7.49

Classic & Signature | \$8.59

Signature & Signature | \$9.59

CLASSIC

Soup of the Day

House Salad **Vt**

Caesar Salad

SIGNATURE

Fruit & Nut Salad **Vt**

Asian Sesame Chicken Salad

Avocado Caprese Salad

French Onion Soup

CLASSIC

Turkey Sandwich

Tuna Salad Sandwich

Ham Sandwich

Cranberry Chicken Salad Sandwich

SIGNATURE

Tuna Melt

Pasta of the Week

The Reuben or Rachel

Very Vegetarian Sandwich **Vt**

À LA CARTE

Soup of the Day | \$4.09 Bowl

French Onion | \$4.79 Crock

House Side or Caesar Salad | \$4.09

Steamed Broccoli **Vg** | \$2.39

Homemade Pasta Salad | \$2.59

Tomato Salad **Vt** | \$2.39

Roasted Squash & Zucchini **Vg** | \$2.39

French Fries **Vt** | \$2.29

BEVERAGES

Soda | \$2.25

Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Sobe Life Water, Tropicana Pink Lemonade

Iced Tea | \$2.25

Brisk Sweetened or Unsweetened

Coffee | \$2.05

Regular or Decaffeinated

Hot Bigelow Tea | \$2.05

Herbal or Decaffeinated