

Dining

GUIDE

2022-2023



University at Buffalo
The State University of New York

CAMPUS
dining & shops



Table of Contents

Welcome // 1

Meal Plans // 2

Mobile Ordering // 7

New on Campus | One World Café // 8

Sustainability // 10

Nutrition, Health & Wellness // 11

Campus Stores // 13

More Great Food Options // 14

Be Part of the Team // 15



Welcome,

Here at UB, your dining experience is more than great food. Campus Dining is committed to providing clean, healthy, and diverse dining options designed to meet the evolving needs and expectations of our UB Community. We pride ourselves on delivering culinary expertise, fresh ingredients, nutritious options, and a shared sense of environmental and social responsibility.

We are proud of our dining program and we invite you to share your thoughts with any member of our management team. Now that you're here, welcome to all that we have to offer.

We look forward to serving you!

Our Mission

The Mission of UB Campus Dining is to enhance the campus life experience by providing a variety of dining options and services designed to fit the lifestyles and nutritional needs of the University community. Serving foods from local growers, striving to achieve sustainability and expanding the availability of dining choices are ways that we enrich the dining experience.

Meal Plans

Meals and Dining Points are stored on your UB Card so there is no need to carry cash. Unused meals from your meal plan do not carry over from week to week, so be sure to use your meals before the end of the week (weeks begin on Saturday and end on Friday). Limit of two meals per meal period and one per transaction. For more information visit myubcard.com/mealplans

Meals

Residential Dining Center

Use your meals in our all-you-care-to-eat formats for breakfast and dinner during the week and continuous dining on weekends.

CDS Restaurants & Cafés

To give you flexibility and options, your meals have assigned dollar values based on the meal period that can be used at our restaurants and cafés. If your purchase goes over the assigned dollar value, you can pay the remainder using Dining Points.

Meal Period	Meal Exchange
Breakfast <i>M – F</i>	\$9.00
Lunch <i>M – F</i>	\$11.00
Brunch <i>Weekend</i>	\$11.00
Dinner <i>Everyday</i>	\$11.00
Late Night <i>Everyday</i>	\$6.80

Dining Points

Dining Points give you the flexibility to get a snack or meal whenever you want. Dining Points work like a debit account on your UB Card at all CDS locations, with purchases automatically deducted from the balance of the account. Use Dining Points to purchase a meal, get a beverage or snack from vending machine, for those late-night munchies or to purchase food/beverage products from one of our residential convenience stores.

Your Dining Points roll over from the fall to spring semester (with the purchase of a spring meal plan), but they do not roll over to the next academic year. If you use up your Dining Points before the end of the semester, you can simply add more in increments of \$25. More than convenient, Dining Points are tax-exempt, saving you 8.75% on every purchase.

First-Year Residence Hall Students

First-Year students living in residence halls are automatically assigned the Flex 14 meal plan to help students transition to college life. Students also have the option to upgrade to the Flex 19 at any time in the semester if desired. Your meal plan consists of a set number of meals per week, along with Dining Points for the best overall experience.



Flex 19 | \$3,540 / semester*

19 Meals per week
250 Dining Points

Flex 14 | \$3,410 / semester*

14 Meals per week
385 Dining Points

For More Information Visit MyUBCard.com/MealPlans

Upper-Class Residence Hall Students

Upper-Class students may choose the Flex 19, Flex 14, Flex 10, Flex 7, or either of the Dining Points Meal Plans. These plans offer a very economical way to dine on campus with flexibility. **Not available to Resident First-Year Students.** For more information visit myubcard.com/mealplans



Flex 19 | \$3,540 / semester* Flex 14 | \$3,410 / semester*

Renews for Spring Semester

19 Meals per week
250 Dining Points

Renews for Spring Semester

14 Meals per week
385 Dining Points

Flex 10 | \$2,460 / semester* Flex 7 | \$1,800 / semester*

Renews for Spring Semester

10 Meals per week
280 Dining Points

Renews for Spring Semester

7 Meals per week
250 Dining Points

Upper-Class Student Dining Points 950

\$950 / annual¹

950 Dining Points
Valid for Fall & Spring Semesters

Upper-Class Student Dining Points 600

\$600 / semester*

600 Dining Points
Automatically renews for the Spring Semester



Apartment and Commuter Students

A Meal Plan is your ticket to all the choices campus residents enjoy, with maximum flexibility.

Commuters may select any Meal Plan or Dining Points Plan available. Most commuters also add funds to their Campus Cash account, allowing for even more dining options both on and off campus.

Commuters may also select a denomination of **Dining Points (Min \$50) or Campus Cash (Min \$25)** and simply add to it throughout the semester.

For More Information Visit MyUBCard.com/MealPlans

* These meal plans are annual plans billed at the beginning of each semester, unless a change is made following established procedures.

¹ Annual plans cannot be changed mid-year. You may however add additional funds at any time.



Mobile Ordering

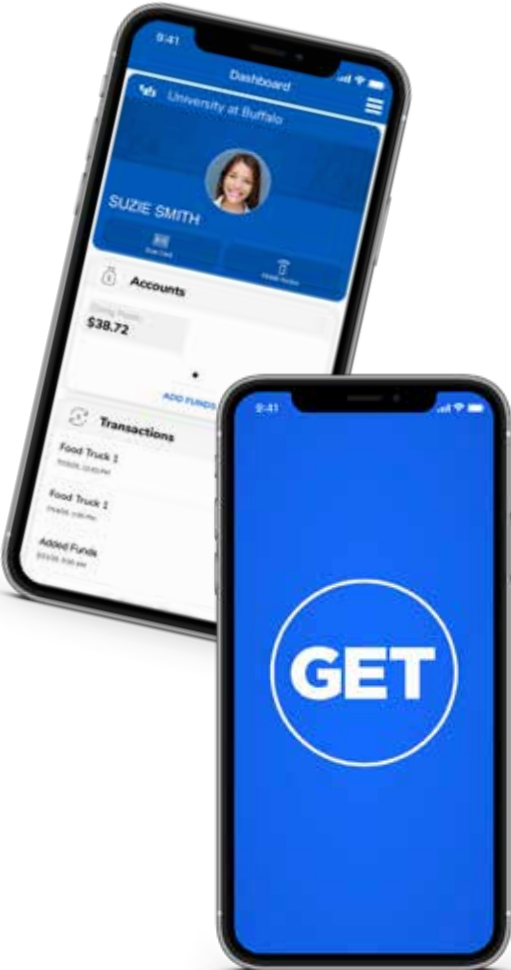
The GET App

The GET App is a free download available at the App Store and Google Play. This app allows you to pay for meals, order through the app, add funds, check your balance and much more!

The GET App allows students to order and pay for meals directly through their mobile phone. Simply place your order at any of the following locations and wait by the mobile pick-up station.

- Sizzles** at Ellicott Food Court (EFC)
- Bravo Pasta** at Pistachios
- Stackers** at Union Marketplace & Eatery
- The Cellar** at Governors
- Edgy Veggie Express** at Harriman Cafe
- The Corner Cafe** at Downtown Medical Campus
- One World Cafe** (Select Locations) at Norton & Capen Hall

Download Available on Google Play and the App Store.



New on Campus!



One World Café

A new dining experience within UB's overall Heart of the Campus initiative. Designed by the UB Community, for the UB Community, One World Café is a brand new retail dining facility that opened in Spring of 2022.

Located between Capen and Norton Hall, this three-story, 53,500-square-foot facility features five international food platforms with a global array of authentic, international meals, snacks and drinks.



Noodle Pavilion

Enjoy build your own or signature made noodle bowls. Customize with choices from Udon, Ramen, Soba or Rice Noodle with Chicken, Beef, Pork, Tofu or Shrimp



Pan Asian

Featuring weekly specials with cuisine from Thailand, China, Japan & Korea.



1846 Grill

Classic breakfast options, signature sandwiches, build your own burgers and delicious dinner specials!



Tikka Table

Traditional Indian cuisine with flavorful spices and delicious options, complete with a tandoor oven to prepare meals.



Kali Orexí

Mediterranean cuisine and fare from Middle Eastern countries. Here you will find marinated choice cuts of meats, ancient grains and regional spices.



For More Information Visit [MyUBCard.com/OneWorldCafe](https://myubcard.com/OneWorldCafe)

Sustainability

Our thinking, research, creative activity and people positively impact and change the world. We are committed to supporting the local community and preserving our resources. Here are a few ways our dining program is doing its part. For more information visit myubcard.com/sustainability

Eliminating Plastic Straws

Our drink-thru lids for fountain beverages have allowed us to eliminate plastic straws at CDS dining locations across all three of our campuses.

Plastic Bottle Return

Return/recycling machines are located across campus helping reduce the amount of waste sent to the landfill.



Locally Sourced

Look for the Made in Grown in New York icon, which promotes and supports the sale of agricultural products grown and processed within New York State.

Dining Center & One World Cafe Compost Waste

By composting pre-consumer food waste, post-consumer food scraps and compostable packaging, we are eliminating thousands of pounds of waste from ending up in landfills. Instead, these materials are turned into renewable resources – such as electricity or natural gas – through a process called anaerobic digestion.



Nutrition, Health & Wellness

UB Campus Dining & Shops offers a variety of well-balanced, healthy menu choices for all students, including those with special dietary needs. Over the years, changes to improve the health and well-being of students include:

- Increasing fruit, vegetables, whole grains & plant-based proteins
- Adding healthier snack & beverage options to vending machines
- Reducing sodium by modifying recipes, products & cooking techniques
- Quick access to nutrition & allergen information



Food Allergies & Special Dietary Needs

We are available to help guide students with food allergies and special dietary needs. For assistance, contact our Registered Dietitian to set up an appointment. Students may also speak with managers, chefs and supervisors in any dining location.

Simple Kitchen is an access-controlled pantry at Governors Dining Center that offers food that is Free-From™ wheat, gluten, peanuts, tree nuts, fish and shellfish. Students can safely prepare meals with ease in this home-like kitchen at UB. For more information or access inside the kitchen, please contact our Registered Dietitian.

P. 716.645.6445 | E. Dietitian@buffalo.edu

Nutrition Icons

- Vt Vegetarian
- Vg Vegan
- GF Gluten-Free
- A+ Smart Choice
- FF Free-From
- K Kosher
- H Halal

For More Information Visit MyUBCard.com/Nutrition



Campus Stores



Teddy's
Located in Roosevelt Hall in the Governors Complex. This convenience store carries a variety of beverages, snacks and essential personal items.



The Elli
Located in the Ellicott Complex, a full-size convenience store with snacks, beverages, frozen entrées, UB apparel and laundry supplies.



Campus Tees
Located in the Student Union, Campus Tees has the best UB Apparel, merchandise and gifts. UB Campus Tees is an official licensed apparel and merchandise provider at UB. Visit in-store, or shop online at UBCampusTees.com



For More Information Visit UBCampusTees.com

More Great Food Options

Campus Dining and Shops wants to provide a great experience to everyone on campus. Including special events, grab and go options, food trucks, kosher items, vending operations and another thing that will sound great!



UB Snackin' - Vending

A variety of vending machines can be found across campus that offer beverages, snacks, healthy options, frozen meals and desserts. The machines are equipped with card swipe readers so you can use your Dining Points or Campus Cash anytime.



Bulls on the Run - Grab & Go

We know how busy our Bulls can be and that's why we have plenty of Grab & Go options available across campus. Grab a snack, drink or microwavable meal to enjoy on your time when your schedule gets busy.



Food Trucks - Little Blue & Big Blue

Herd at the curb for some of the best food you'll ever eat. In our trucks, we take our passion for great food and creativity to a whole new level. It's mo-bull food like no other. We're all over campus, follow us to see where we are on Campus!

Twitter: @UBBigBlue & @UBLittleBlue



NY Deli & Diner

The University at Buffalo, under the rabbinical supervision of Vaad, offers Kosher food options. All food is prepared at the NY Deli & Diner, where a Mashgiach is always present and overseen by Rabbi Moshe Taub BVK, Hakasrus of Buffalo.

Be Part of the Team!

Student Employment

As UB's largest student employer, we offer a variety of positions in fun and diverse environments. Our goal is to help students gain valuable work experience in jobs compatible with their academic schedules. Apply at myubcard.com/jobs

Secret Shopper Program

The Secret Shopper Program is an essential tool to make sure we're providing a positive dining experience. Get paid to dine and tell us about your experiences. Candidates can submit an application at myubcard.com/secretshopper

Student Advisory Committee

Students can serve on the Student Advisory Committee and have a voice in decisions that affects the quality of student life. The committee meets approximately once a month to provide suggestions, advice and feedback regarding dining facilities, programs and services. Selected participants receive a Dining Points stipend. Apply at myubcard.com/advisory

Get Connected

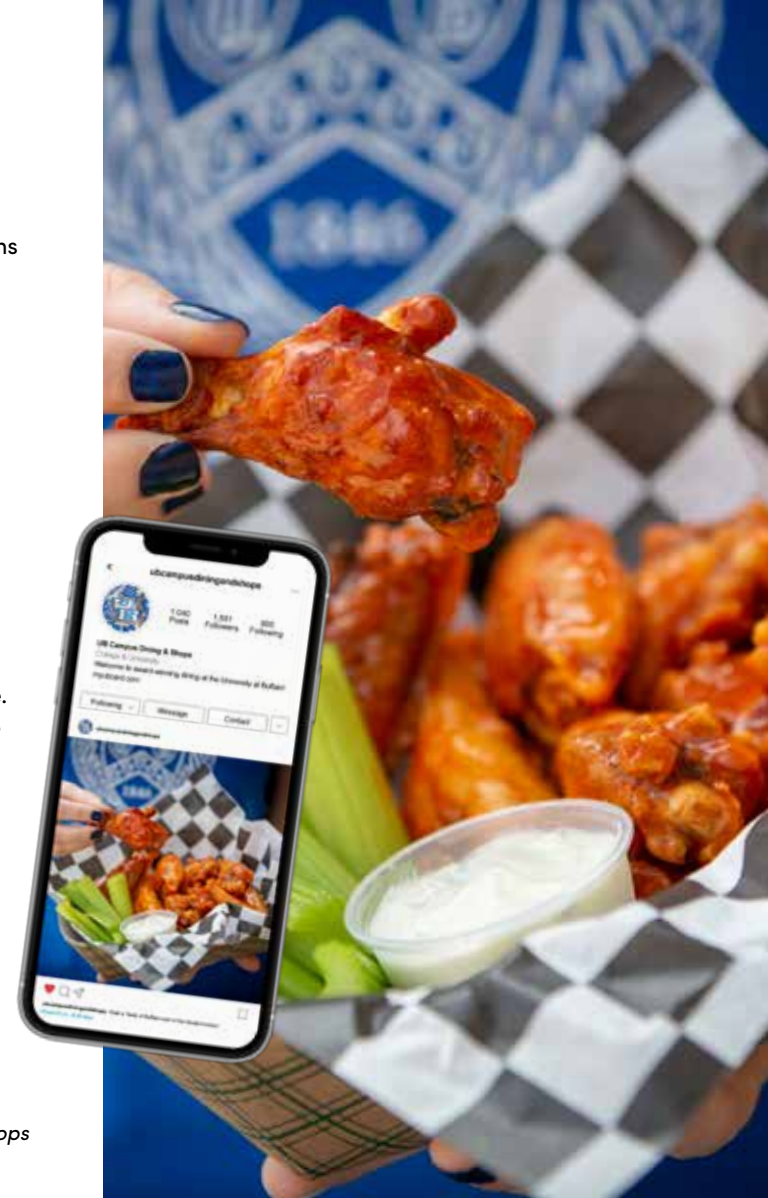
Be the first to follow Campus Dining and Shops for the inside scoop on what's going on around campus! Be first to know about new items, popular promotions, special events and more by following us today!

@UBCampusDiningandShops

@UBCampusDining

/UBCampusDiningandShops

@UBCampusDiningandShops



For More Information Visit MyUBCard.com



CAMPUS
dining & shops

University at Buffalo

146 Fargo Quad
Buffalo, NY 14261

716.645.2521 myubcard.com