

SALADS



APPLE CHICKEN CHOPPED SALAD

\$8.39

Juicy grilled chicken over crisp romaine lettuce with granny smith apples, fresh tomatoes, red onion, blue cheese crumbles, and candied pecans. Served with Apple Cider vinaigrette and a warm French style breadstick.

ASIAN SESAME CHICKEN SALAD

\$7.59

Grilled chicken over a crisp bed of romaine lettuce, fresh cilantro, sliced almonds, sesame seeds and crispy wonton strips tossed in our Asian sesame vinaigrette with a warm French style breadstick.

QUINOA & KALE SALAD

\$7.59

Mixed greens topped with a Fiesta Kale salad and quinoa, garnished with cucumbers and tomatoes, and finished with a sweet Vidalia onion dressing. Served with a warm French style breadstick.

BUFFALO CHICKEN SALAD

\$7.49

An old favorite; with your choice of grilled chicken or sliced chicken fingers tossed with Frank's Hot Sauce, served over a bed of crisp romaine lettuce with blue cheese crumbles, shredded cheddar cheese, Buffalo blue Cheese Dressing and a warm French style breadstick.

CHICKEN CAESAR SALAD

\$7.29

Juicy grilled chicken over crisp romaine lettuce tossed with Caesar dressing, shredded Parmesan, and croutons with a warm French style breadstick.

SANDWICHES



Served with kettle chips. Substitute one of our other sides for an additional \$1.99

TURKEY ARTICHOKE PANINI

\$7.29

Thinly sliced roasted turkey, spinach artichoke dip, freshly sliced tomatoes and red onion, grilled on Italian bread.

CALIFORNIA CLUB

\$7.49

Oven roasted turkey breast, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, provolone cheese with red pepper basil aioli served on our special Wheat Berry bread.

THAI CHICKEN WRAP

\$7.49

Grilled chicken on top a bed of cilantro jalapeno hummus and our signature mix of greens and matchstick carrots with Thai peanut dressing wrapped in a 12" flour tortilla with choice of kettle chips or fresh cut fruit.

TUNA MELT

\$7.29

Tuna salad with Cheddar cheese grilled on Sourdough bread.

BUFFALO CHICKEN PANINI

\$7.29

Chicken breast tossed in Frank's Red Hot & Ken's blue Cheese dressing with Provolone cheese grilled on Italian bread.

BLACK BEAN CHIPOTLE BURGER

\$7.09

Spicy black bean Veggie patty with crisp leaf lettuce and sliced tomato. Served on a Kaiser roll with Ranch dressing.

VEGETARIAN BURGER

\$7.09

Garden burger with crisp leaf lettuce and sliced tomato. Served on a Kaiser roll with Honey Mustard dressing.

PASTA/PIZZA



CHICKEN BRUSCHETTA PASTA

\$8.69

Multi-Grain penne pasta tossed in garlic, basil and Roma tomato marinara. Topped with strips of grilled chicken. Finished with balsamic glaze and parmesan cheese.

CHICKEN BROCCOLI ALFREDO

\$8.69

Grilled chicken tossed with penne, sauteed fresh broccoli and creamy alfredo sauce.

VEGGIE PATCH PIZZA

\$7.29

A mixture of spinach, artichokes, diced tomatoes and mushrooms, topped with mozzarella and parmesan cheeses on a crisp flour tortilla.

BBQ CHICKEN PIZZA

\$7.69

Grilled chicken and red onions covered with BBQ sauce and then smothered with melted mozzarella and cheddar cheeses on a crisp flour tortilla.

PICK YOUR PAIR

CLASSIC

Soup of the Day

House Salad
Caesar Salad

Tuna Sandwich
Turkey Sandwich
Chicken Salad Sandwich

All Sandwiches come in 1/2
portion size.

CLASSIC
AND
CLASSIC
\$6.99

CLASSIC
AND
SIGNATURE
\$7.99

SIGNATURE
AND
SIGNATURE
\$8.99

SIGNATURE

Chicken Caesar Salad
Greek Chicken Salad
Buffalo Chicken Salad
Asian Sesame Salad
Quinoa and Kale Salad

Tuna Melt
California Club Sandwich
Buffalo Chicken Panini
Turkey Artichoke Panini

Chicken Broccoli Alfredo
Chicken Bruschetta Pasta



À LA CARTE

Soup of the Day \$3.49 Cup \$3.89 Bowl

House or Caesar Side Salad \$3.89

Steamed Broccoli \$2.19

Fresh Fruit Salad \$3.19

French Fries \$2.09

BEVERAGES

Soda \$2.19

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew,
Dr. Pepper, Loganberry, Sobe Life Water.

Iced Tea \$2.19

Brisk Sweetened or Unsweetened

Coffee \$1.99

Regular or Decaffeinated

Hot Bigelow Tea \$1.99

Herbal or Decaffeinated