

# SALADS



APPLE CHICKEN CHOPPED SALAD	\$8.69
Juicy grilled chicken over crisp romaine lettuce with granny smith apples, fresh tomatoes, red onion, blue cheese crumbles, and candied pecans. Served with apple cider vinaigrette and a warm French style breadstick.	
STRAWBERRY FIELDS SALAD <span>NEW</span>	\$7.89
Grilled chicken on top of our signature mix of greens topped with walnuts, fresh strawberries and parmesan cheese tossed with balsamic dressing. Served with a warm French style breadstick.	
QUINOA & KALE SALAD	\$7.89
Mixed greens topped with a Fiesta Kale salad and quinoa, garnished with cucumbers and tomatoes, and finished with a sweet Vidalia onion dressing. Served with a warm French style breadstick.	
BUFFALO CHICKEN SALAD	\$7.79
An old favorite; with your choice of grilled chicken or sliced chicken fingers tossed with Frank’s Hot Sauce, served over a bed of crisp romaine lettuce with blue cheese crumbles, shredded cheddar cheese, Buffalo blue cheese dressing and a warm French style breadstick.	
CHICKEN CAESAR SALAD	\$7.59
Juicy grilled chicken over crisp romaine lettuce tossed with Caesar dressing, shredded parmesan, and croutons with a warm French style breadstick.	

# SANDWICHES



Served with kettle chips. Substitute one of our other sides for an additional \$1.99	
TURKEY ARTICHOKE PANINI	\$7.59
Thinly sliced roasted turkey, spinach artichoke dip, freshly sliced tomatoes and red onion, grilled on Italian bread.	
CALIFORNIA CLUB	\$7.79
Oven roasted turkey breast, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, provolone cheese with red pepper basil aioli served on our special Wheat Berry bread.	
THAI CHICKEN WRAP	\$7.79
Grilled chicken on top a bed of cilantro jalapeno hummus and our signature mix of greens and matchstick carrots with Thai peanut dressing wrapped in a 12” flour tortilla with choice of kettle chips or fresh cut fruit.	
TUNA MELT	\$7.39
Tuna salad with cheddar cheese grilled on Sourdough bread.	
BUFFALO CHICKEN PANINI	\$7.59
Chicken breast tossed in Frank’s Red Hot & Ken’s blue cheese dressing with provolone cheese grilled on Italian bread.	
SALMON BURGER <span>NEW</span>	\$9.29
1/4 lb. salmon burger with lettuce, tomato and dill sauce served on a Costanzo’s Kaiser roll with kettle chips.	
VEGETARIAN BURGER	\$7.39
Garden burger with crisp leaf lettuce and sliced tomato. Served on a Kaiser roll with honey mustard dressing.	

# PASTA/PIZZA



CHICKEN BRUSCHETTA PASTA	\$8.99
Multi-Grain penne pasta tossed in garlic, basil and roma tomato marinara. Topped with strips of grilled chicken. Finished with balsamic glaze and parmesan cheese.	
CHICKEN BROCCOLI ALFREDO	\$8.99
Grilled chicken tossed with penne, sauteed fresh broccoli and creamy alfredo sauce.	
VEGGIE PATCH PIZZA	\$7.59
A mixture of spinach, artichokes, diced tomatoes and mushrooms, topped with mozzarella and parmesan cheeses on a crisp flour tortilla.	
BBQ CHICKEN PIZZA	\$7.99
Grilled chicken and red onions covered with BBQ sauce and then smothered with melted mozzarella and cheddar cheeses on a crisp flour tortilla.	

ASK ABOUT OUR  
WEEKLY  
SPECIALS

# PICK YOUR PAIR

## CLASSIC

Soup of the Day

House Salad  
Caesar Salad

Tuna Sandwich  
Turkey Sandwich  
Chicken Salad Sandwich

All Sandwiches come in 1/2  
portion size.

CLASSIC  
AND  
CLASSIC  
\$7.19

CLASSIC  
AND  
SIGNATURE  
\$8.29

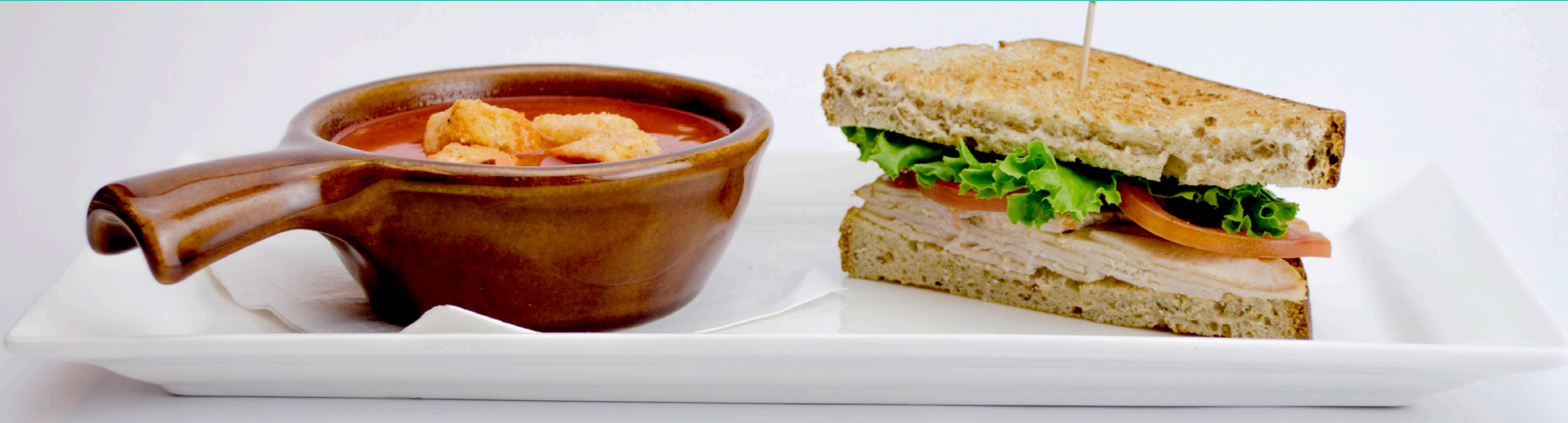
SIGNATURE  
AND  
SIGNATURE  
\$9.29

## SIGNATURE

Chicken Caesar Salad  
Greek Chicken Salad  
Buffalo Chicken Salad  
Asian Sesame Salad  
Quinoa and Kale Salad

Tuna Melt  
California Club Sandwich  
Buffalo Chicken Panini  
Turkey Artichoke Panini

Chicken Broccoli Alfredo  
Chicken Bruschetta Pasta



# À LA CARTE

Soup of the Day \$3.59 Cup \$3.99 Bowl

House or Caesar Side Salad \$3.99

Steamed Broccoli \$2.29

Fresh Fruit Salad \$3.29

French Fries \$2.19

## BEVERAGES

Soda \$2.19  
Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew,  
Dr. Pepper, Loganberry, Sobe Life Water.

Iced Tea \$2.19  
Brisk Sweetened or Unsweetened

Coffee \$1.99  
Regular or Decaffeinated

Hot Bigelow Tea \$1.99  
Herbal or Decaffeinated