

The Tiffin Room

SALADS

Asian Sesame Chicken Salad | \$7.89

Grilled chicken over a crisp bed of romaine lettuce, fresh cilantro, sliced almonds, sesame seeds and crispy wonton strips tossed in our Asian sesame vinaigrette with a warm, garlic breadstick.

Chicken Caesar Salad | \$7.59

Juicy grilled chicken over crisp romaine lettuce tossed with Caesar dressing, shredded parmesan, and croûtons with a warm, garlic breadstick.

Fruit and Nut Salad | \$7.89

Our signature mix of greens topped with glazed pecans, walnuts, blueberries, raisins, grapes, sunflower seeds, feta crumbles, tossed in choice of dressing with a warm, garlic breadstick.

Buffalo Chicken Salad | \$7.79

An old favorite; with your choice of grilled chicken or sliced chicken fingers tossed with Frank's hot sauce, served over a bed of crisp romaine lettuce with bleu cheese crumbles, shredded cheddar cheese, Buffalo bleu cheese dressing and a warm, garlic breadstick.

Blackened Tilapia Salad | \$9.59

Blackened tilapia fillet over a crisp bed of arugula and romaine with kalamata olives, croûtons and parmesan cheese. Served with a side of our house Caesar dressing and a warm, garlic breadstick.

SANDWICHES

Served with kettle chips. Note: substitute one of our sides for an additional \$1.99

Tuna Melt Sandwich | \$7.59

Our own chef made tuna salad with cheddar cheese on a hearty white bread.

California Club | \$7.79

Choice of oven roasted turkey breast or grilled chicken, bacon, avocado, tomatoes, alfalfa sprouts, leaf lettuce, and provolone cheese with red pepper basil aioli served on our special wheat berry bread.

Falafel Wrap | \$7.09

A Middle Eastern favorite, chickpea mixture shaped into balls and lightly fried wrapped in a pita with romaine lettuce, tomatoes, cucumbers and wasabi sauce.

Chicken Tikka Masala Roll | \$7.39

Marinated chicken with peppers & onions on Naan bread with mint chutney & tamarind chutney. Accompanied with pickled vegetables.

Very Vegetarian Sandwich | \$8.59

Grilled balsamic Portobello mushroom topped with melted pepper jack cheese, roasted red peppers, and fresh avocado on a toasted Telera roll. Served with a side of garlic mayonnaise.

Traditional Deli Sandwich | \$7.59

Your choice of turkey, ham, tuna salad, or chicken salad with lettuce and tomato. Served on your choice of bread.

BURGERS

Note: bacon (2 slices) can be added for \$1.45 and avocado can be added for \$1.79.

Build Your Own Burger | \$7.39

Your choice of a 1/3 pound beef burger, black bean burger, or garden burger served on a Costanzo's Kaiser roll with fresh made kettle chips.

Salmon Burger | \$9.29

1/4 lb. salmon burger with lettuce and tomato. Served on a Costanzo's Kaiser roll with fresh made kettle chips and a side of dill sauce.

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PASTA

Note: shrimp can be substituted for \$2.69 more.

Penne Vodka with Chicken | \$8.99

Grilled chicken tossed with penne pasta, fresh spinach, sun dried tomatoes in a creamy blend of marinara and alfredo sauces with a splash of vodka and topped with parmesan cheese.

Chicken and Broccoli Alfredo | \$8.99

Grilled chicken tossed with linguine, sautéed fresh broccoli and creamy alfredo sauce.

Spicy Chicken Alfredo | \$8.99

Grilled chicken tossed with linguine and blended in our creamy alfredo sauce with Frank's Red Hot, peppers and onions, and crushed red pepper.

PIZZA

Veggie Patch Pizza | \$7.59

A mixture of spinach, artichokes, diced tomatoes and mushrooms, topped with mozzarella and parmesan cheeses on a crisp flour tortilla.

BBQ Chicken Pizza | \$7.99

Grilled chicken and red onion covered with BBQ sauce and then smothered with melted mozzarella and cheddar cheeses on a crisp flour tortilla.

Crispy Pepperoni Pizza | \$7.79

A crisp flour tortilla covered in pizza sauce and then topped with mozzarella cheese and pepperoni.

PICK TWO

Pick a Classic or Signature Salad or Soup then a Classic or Signature sandwich. Note: all sandwiches and salads are half-portion sizes.

Classic & Classic | \$7.19

Classic & Signature | \$8.29

Signature & Signature | \$9.29

CLASSIC

Soup of the Day
Roasted Red Pepper Gouda
House / Caesar Salad
French Onion Soup

SIGNATURE

Fruit & Nut Salad
Asian Sesame Chicken Salad
Buffalo Chicken Salad
Blackened Tilapia

CLASSIC

Turkey Sandwich
Ham Sandwich
Tuna Salad Sandwich
Chicken Salad Sandwich

SIGNATURE

Tuna Melt
California Club
The Reuben
Very Vegetarian Sandwich

BEVERAGES

Soda | \$2.19

Pepsi, Diet Pepsi, Sierra Mist, Dr. Pepper, Sobe Life Water, Tropicana Pink Lemonade

Iced Tea | \$2.19

Brisk Sweetened or Unsweetened

Coffee | \$1.99

Regular or Decaffeinated

Hot Bigelow Tea | \$1.99

Herbal or Decaffeinated

À LA CARTE

Soup of the Day or Red Pepper Gouda Bowl | \$3.99

French Onion | \$4.59 Crock

House or Caesar Side Salad | \$3.99

Steamed Broccoli | \$2.29

Home Made Pasta Salad | \$2.49

French Fries | \$2.19